

Lubbock Rape Crisis Center
Always Here, Always Hope

2010 Women's Stiletto Dash for Cash
REGISTRATION FORM

When: Saturday, April 17, 2010
Registration Opens: 9:30 a.m.
Opening Ceremony: 10:30 a.m.
Dash proceeding Walk a Mile March
Where: Lubbock County Courthouse
904 Broadway

Heart and Sole to End Rape

C/O Lubbock Rape Crisis Center
P.O. Box 2000
Lubbock, Texas 79457
Contact: Lubbock Rape Crisis Center
Phone: 806.763.3232
Fax: 806.763.1801
E-Mail: Kim@lubbockrapecrisis.org



\$500 Cash Prize for 1st place!

STEP 1: Registered Participant (Must be at least 18 years of age)

NAME: _____
Address: _____
City: _____ State _____ Zip _____
Phone: _____ E-mail: _____

- Enclosed is my \$25.00 Registration Fee
- I can't run this year; but enclosed is my donation.

Ask friends, neighbors, colleagues, relatives, etc. to sponsor you by donating money to the Lubbock Rape Crisis Center for the Stiletto Dash for Cash Heart and Sole to End Rape.. Bring money to the march or mail it to Lubbock Rape Crisis Center before April 17, 2010.

STEP 2: SHOE REQUIREMENT

Shoes must have a slim, tapered heel that measures at least 2.5" minimum.
Heels will be measured and approved at registration
Shoes may not be taped to the foot
Heels must be attached to the shoe and shoes on the feet at the end of race.

STEP 3: T-SHIRT

Registered participants will receive a complimentary T-Shirt while supplies last

Please circle the shirt size:

SIZES: **ADULT** SM MED LG XL XXL

STEP 4: Stiletto Dash for Cash Waiver

In consideration of my entry in the LRCC Stiletto Dash for Cash Run, I for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages or injury I have or may incur against the organizers of this event, its principals, its employees, all sponsors and their representatives and all claims of damages, demands, actions whatsoever in this manner, as a result of my participation in the Stiletto Dash for Cash event, including travel to and from this event. I attest and verify that I am physically fit and have sufficiently trained for completion of this event and have not been advised otherwise by a qualified medical person. Further, I hereby grant permission to any and all foregoing to use my name and likeness in any broadcast, telecast, video or print media of the event with out compensation.

Signature: _____



Date: _____